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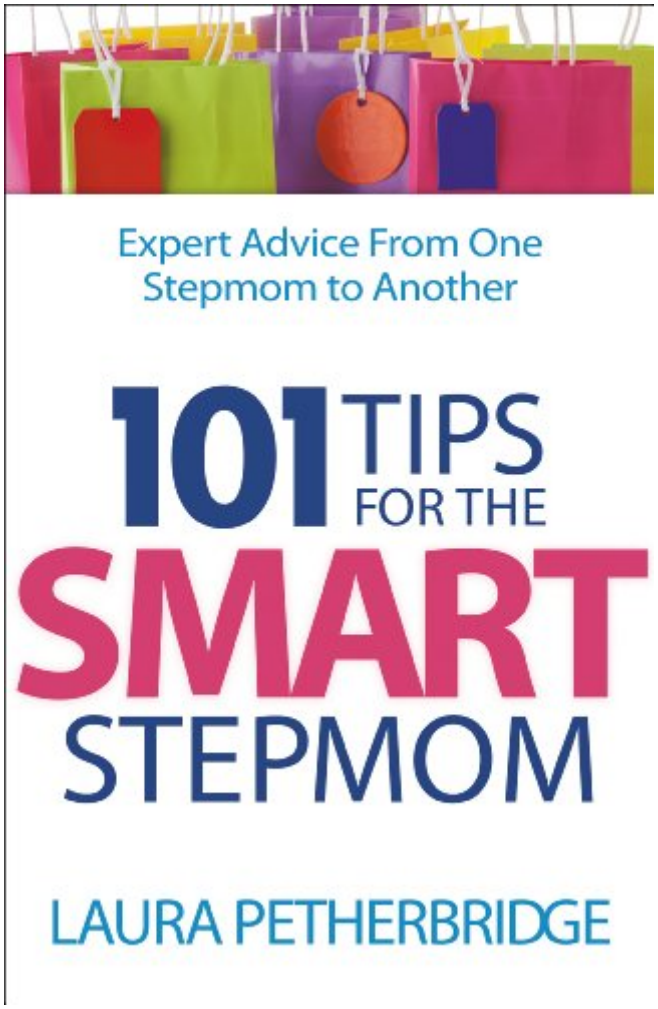
101 Tips For The Smart Stepmom: Expert Advice From One Stepmom To Another



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Synopsis

Practical Ideas You Can Use TodayIn this down-to-earth book, Laura Petherbridge offers real answers from someone who's walked in your shoes--and not only survived, but thrived as a stepmom. Here you'll find compact solutions arranged by topic, such as parenting, coping with the children's biological mom, finances, and dealing with the holidays. You will learn Â how to better understand your blended familyÂ what to do when you feel like an outsiderÂ ways to navigate the dramaÂ keys to gaining the respect of your stepkidsThese bite-sized tips are perfect for a busy stepmom, offering at-a-glance advice you can use today--and see change begin.

Book Information

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Customer Reviews

I had no idea how hard it is to be a stepmom before I read this book! Honestly!! The only thing I can say is that the stepmoms I've known have made it look easy. This is a concise, well-written, easy-to-read book that can be managed in one sitting. Or take one tip at a time and meditate on it. There's a very practical questionnaire at the end of the book for those considering marrying a

divorced man with children.In this book, Laura deals with practical things like loving your own children more than your stepchildren. She's honest and forthright. She raises the issue of dealing with the ex-wife--schedules, money, lies, and the emotional health of the children. She's not afraid to touch the places that hurt most and teaches us to deal with them in truth and love.The thing I came away with after reading this book (I was reared in a non-divorce home and I've never been divorced) is compassion for those trying to make a second marriage work. There are challenges in a second marriage I'd never considered. I'd never imagined how hard it would be to balance stepchildren and your own children--trying to make everyone feel received and loved--and to take care of your own emotional health in the process. I'd never thought about a stepmom feeling left out because of a father giving so much to his children--or refusing to discipline his children--possibly because of his own guilt issues. Or the devastation a stepmom can feel after a stepchild moves in with their mother after the stepmom may have invested so much in that child. Laura also mentions how the church is ill-equipped to deal with stepmoms and may even bring on condemnation instead of healing.

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